




Survival
GUIDE KIT
CAPENATURE

KOGELBERG NATURE RESERVE



Thank you for choosing **Kogelberg Nature Reserve** as your preferred destination.

Kogelberg Nature Reserve is considered the heart of the Cape Floral Kingdom because of the exceptional quality of its fynbos. The reserve lies within the southern stretch of the rugged Hottentots Holland mountain range and has remained isolated and remarkably unspoilt. Its high mountain peaks, steep kloofs, valleys and several tributaries of the pristine Palmiet River create a sense of remote wilderness.

A sensitive core of 18 000ha of the reserve has been kept pristine and wild. Here there is much biological diversity and conservation is the priority. Only activities which do not adversely affect natural processes and wildlife are allowed. Kogelberg was South Africa's first registered biosphere reserve and it encompasses the entire coastal area from Gordon's Bay to the Bot River vlei, and inland to Grabouw and the Groenland Mountain.

Inside the property



LOCATION

GPS: 34 19 21.0 S 18 57 58.2 E



ACCOMMODATION UNITS

Oudebosch Eco-Cabins

Six glass fronted eco-cabins afford occupants breath-taking views of the reserve. Five of the timber cabins sleeps four people and consists of two bedrooms, one bathroom, one en-suite, and a spacious kitchen, lounge and dining area. The sixth cabin is a sleeper honeymoon suite consisting of an open plan bedroom, lounge, dining and kitchen area with one bathroom.

The cabins are named Erica, Marsh Rose, Fire Lily, Iris and Everlasting Daisy, Palmiet, after endemic plant species found on the reserve. Everlasting Daisy and Iris are the only two with wheelchair access as they have a living areas on one level, but are not fitted with universal access fittings and features.

Bedding provided: Yes

Towels provided: Yes

Electricity: Eskom, solar and gas

Kitchen equipped: Eskom power points for all appliances including fridge/freezer, microwave and toaster. Electric oven and induction hob with four cooking plates.

Braai facilities: Outdoor braai with grid.

Limited hairdryers are available on request from reception, depending on availability at the time.

Bathroom equipped: Shower only. Geyser heated by electricity and solar.

Cabin rules

- Visitors are liable for any loss or damage to reserve property due to negligence.
- Keep the surrounds and facilities clean.
- Due to the risk of veld fires, fires may only be made in designated fireplaces. On days where the fire danger index is orange or red, braai fires are only permitted after 19h00 to reduce risk. A fire danger index board is located at the main office building.
- Collection of firewood is not allowed. Braai wood is for sale at the office between 08h00 and 16h00 at R30/bundle.
- Disturbance to plants and animals is prohibited.

- Make sure that all fires are extinguished before you leave or go to bed.
- The maximum number of people per cabin is four or two in the honeymoon suite.
- Avoid light pollution – do not leave outside lights burning all night.
- Please keep all noise to a minimum after 22h00.
- All swimmers need to shower before swimming in the eco-pool
- No more than ten people can swim at the same time as this will overload the biological system.
- On the day of departure, visitors are welcome to remain in the reserve for hiking and mountain biking until the gates close, but should park at the reserve office.
- Keys must please be returned to the office on departure.



HOUSEKEEPING

Use biodegradable cleaning materials and take your refuse away with you.
(PLEASE NOTE: Servicing means change of linen and towels and/or refilling compost only, this will only be done if the client permits)



CHECKOUT

Gate hours: 8h00 – 19h00
 Office hours: Mon – Fri 7h30 – 16h00

Accommodation

Arrival: after 14h00, but before 18h00
 Departure: 10h00



HEATING AND AIRCON

All our cabins are designed on an eco-friendly concept and the design assists to keep the cabins cool during summer and warm during winter which means no air-conditioning is needed thereby lessening our carbon footprint.



SMOKING

All CapeNature properties are non-smoking. Please keep in mind the risk of a wildfire when smoking outside.



TOWELS

Fresh linen and towels will be supplied, but general cleaning is however not included in this service.



BATHROOMS

Five of the six cabins have showers only and they are fitted with low-flow shower heads to reduce the amount of water used. Our honeymoon suite has a shower as well as a corner bathtub.



SECURITY & DOORS

Should you leave your cabin during your stay whether it be for a hike or trip to one of our adjacent attractions/activities, please be sure to lock your cabin doors and windows. As we have many visitors to the reserve, this is for the safety of your belongings and valuables. We also encounter baboons in camp at times and they are able to open unlocked doors and windows.



ELECTRICITY

Do not leave outside lights burning all night.



HOT TUB

Please follow the DO's & DON'TS for using the hot tub (signage displayed next to hot tub).



FIRE

- Please do not take hot coals from the outside braai area into the cottage for use in the fireplace.
- Collection of firewood is not allowed.
- Make sure all fires are extinguished before you leave or go to sleep.
- Only make fires in demarcated areas. The vegetation is extremely flammable and uncontrolled fires are devastating to the environment and costly to manage.

Life on the Reserve



BIRD WATCHING

Kogelberg is a bird haven for numerous species, and a bird list is placed in the guest information folder in your cabin for your convenience. Should you require an additional bird list one can be obtained from the reception desk. The Rooisand Ramble offers a boardwalk which leads to a lookout point and from there you can follow a sandy footpath to the bird hide. There is one small step at start of the boardwalk. Visit Stony Point, part of the Marine Protected Area, where you can see the African penguin colony. Entrance to the Stony Point area is R25 per adult and R15 per child over the age of 3 years, payable at the gate.



WHALE WATCHING

Take a scenic self-drive along the coast in Kogelberg Biosphere Reserve, and you'll be able to enjoy a little whale watching.



MOUNTAIN BIKING

A moderate 22km ride along the jeep track through the Kogelberg Valley starts at the reserve office. The route should take between 2-4 hours. Please use sunscreen, protected riding gear and make sure you have plenty of water on the trail. Permits can be purchased from the reserve office.

Please note mountain bikers must wear helmets at all times.



TRAILS

Hikers have several options and should be prepared for fairly rough terrain and unpredictable weather. It is essential that hikers wear closed shoes while hiking in the Kogelberg.

Day Walks

Various day hikes are available at R60 per adult and R30 per child under 12 years of age. Permits may be purchased at the reserve office or bookings can be made via CapeNature Central Reservations office.

Hiking Trails

Palmiet River Walk: 10km

Estimated time: 3 hours

The Palmiet River Walk is an easy venture along the Palmiet River. Wear comfortable closed walking shoes, sunscreen, and a hat. Make sure to carry sufficient water and take along swimwear and binoculars. The Palmiet river water is perfectly safe for swimming but we ask guests to refrain from drinking the river water. In winter, a raincoat/poncho is advised. It's recommended that the route is started no later than 14h00.

Oudebosch-Harold Porter: 6km

Estimated time: 3-4 hours

This is a moderate hike up Oudebosch gorge into Harold Porter Botanical Garden. Wear comfortable closed walking shoes, sunscreen, and a hat. Make sure to carry sufficient water and take along binoculars. In winter, a raincoat/poncho is advised and care should be taken when descending into Harold Porter as the zig zag trail is slippery when wet. A vehicle should be left at Harold Porter Botanical Gardens as this is a one-way route or guests can arrange for a shuttle service to transport them back to the reserve. Guests also have the option to backtrack on the trail after reaching the waterfall at the top of Oudebosch gorge. It is recommended that the route is started no later than 14h00 as the gate at Harold Porter Botanical Garden is locked at 18h00.

Kogelberg Trail: 24 km

Estimated time: 9 hours

This is a moderate to long walk starting along Oudebosch gorge. Hikers pass through Oudebosch montane forest patch and further into the trail also in close proximity to the Platbos and Louw's bos montane forest patches. Wear comfortable closed walking shoes, sunscreen and a hat. Make sure to carry sufficient water and take along your binoculars. In winter, a raincoat/poncho is advised. It is recommended that the trail is started no later than 09h00 in summer and 08h00 in winter to allow for time to stop for photographs and snack breaks

Perdeberg Trail: 22km

Estimated time: 7-8 hours

This is a moderate to long walk starting from the Iona Wine Estate to Perdeberg peak lookout point. Wear comfortable closed walking shoes, sunscreen and a hat. Make sure to carry sufficient water and take along your binoculars. In winter, a raincoat/poncho is advised. It is recommended that the trail is started no later than 10h00 in summer and 08h00 in winter.

Three Sisters Trail: 8km

Estimated time: 4 hours

This is a moderate walk starting from the Kleinmond Golf course. Wear comfortable closed walking shoes, sunscreen and a hat. Make sure to carry sufficient water and take along your binoculars. In winter, a raincoat/poncho is advised. It is recommended that the trail is started no later than 13h00.

Houwhoek Trail: 8km

Estimated time: 3 hours

This is a moderate walk starting from the Houwhoek Inn. Wear comfortable closed walking shoes, sunscreen and a hat. Make sure to carry sufficient water and take along your binoculars. Permits are to be purchased via CapeNature Central Reservations,

or the reserve office prior to hike. In winter, a raincoat/poncho is advised. It is recommended that the trail is started no later than 14h00.

Rooisand Ramble: 5km

Estimate time: 2 hours

This is an easy walk along the Rooisand boardwalk & footpath at the Botriver Estuary. Wear comfortable closed walking shoes, sunscreen and a hat. Make sure to carry sufficient water and take along your binoculars. Permits are to be purchased via CapeNature Central Reservations or reserve office. In winter, a raincoat/poncho is advised. It is recommended that the trail is started no later than 15h00. Please lock any valuables out of site.

Hangklip/Brodie Link Trail: 3km

Estimated time: 2 – 3 hours

This is an moderate walk in the Hangklip/Pringlebay area. Wear comfortable closed walking shoes, sunscreen and a hat. Make sure to carry sufficient food, water and take along your binoculars.. In winter, a raincoat/poncho is advised. It is recommended that the trail is started no later than 15h00. The trail is open during daylight hours and there is no gate access control. Please note that no dogs are allowed on the trail.

Multi-Day Hikes

The Highlands Trail is a moderate two-day overnight hike, beginning across the road from the Iona Wine Estate. The overnight accommodation in the Kleinmond Kleinmond caravan park, Frank Robb hut, can be booked via the Overstrand Municipality on 028-271 8400. Trail bookings can be made via CapeNature Central Reservations office. The trail takes approximately 6-7 hours on day one and 8 hours on day two. The maximum group size is limited to 12 people. The Highlands Trail leads through private municipal and conservation land. Please take care when walking the trail and consider all parties involved and note that during the peak holiday periods the caravan park is usually fully booked with holiday makers i.e. it can be somewhat noisy.

Highlands Trail

Moderate two-day overnight hike

Trail distance: 16km on day one and 21km on day two

Estimated time: 6 -7 hours on day one and 8 hours on day two

Entrance requirements: Permit holders only, maximum group size is limited to twelve.

Day One

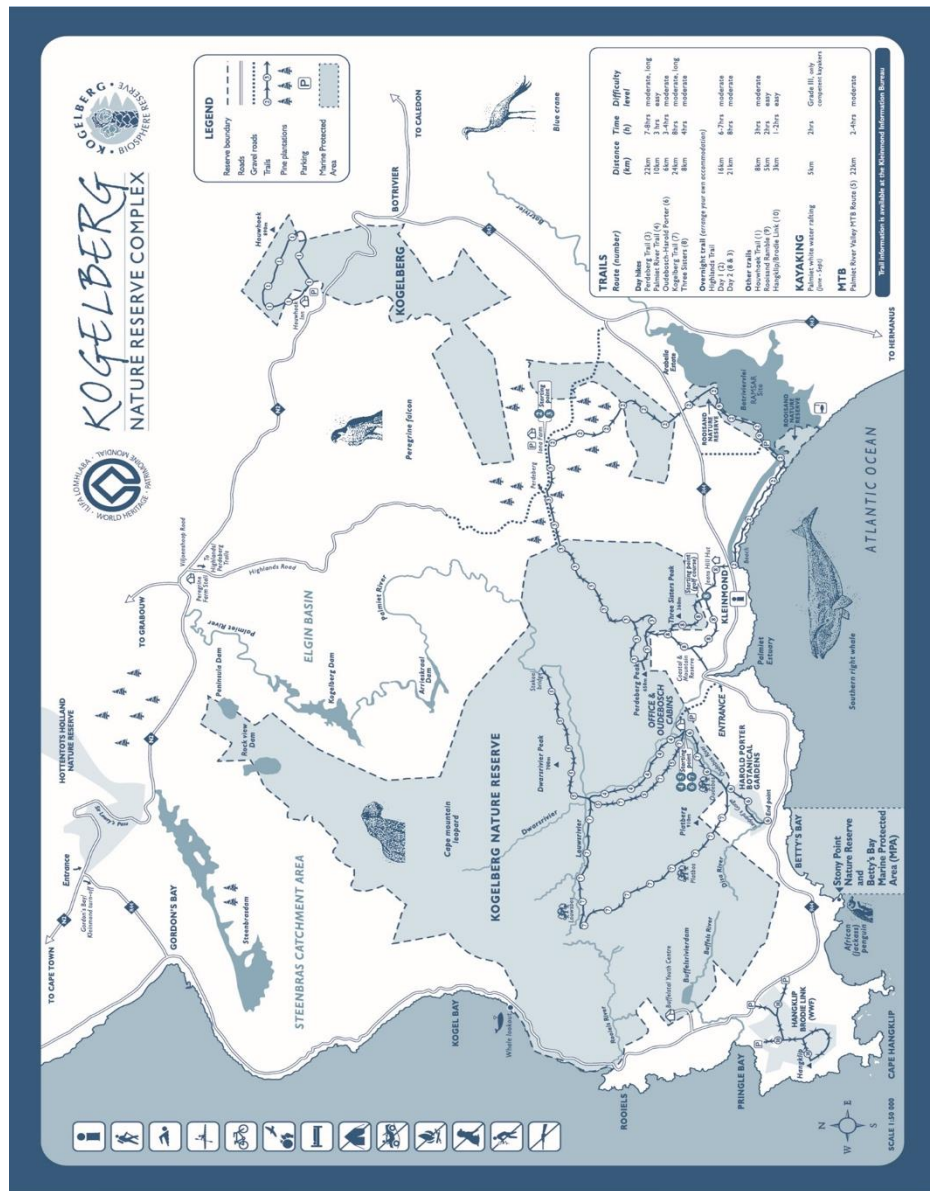
The Highlands Trail starts on the Iona Wine Estate. When parking please park opposite the Iona entrance and not at the Iona farm house. You will see a CapeNature board indicating the area you may park. The trail runs through the farmland (please do not pick any fruit) and along a dam wall. Hereafter, it joins up with a jeep track which runs through the plantations. The trail is clearly marked with wooden footprint signs at every intersection to prevent confusion. The path then winds through Fynbos and skirts pine plantations. It overlooks the Bot River Estuary, wetlands and coastline.

The trail then leads down the mountain toward the tar road and takes you through some private farmland and towards the Bot Rivier Estuary which you will need to cross (during winter the water can be waist deep) and head towards Kleinmond. The Kleinmond Caravan Park is where the overnight accommodation, the Frank Robb Hut, is situated.

Day Two

The second day starts from the overnight hut via the Kleinmond Golf course. The hike traverses around the Three Sisters peaks and up to Perdeberg before leading back through private conservation land.

Please take care when walking the trail and consider all parties involved. The maintenance of this natural area is a shared responsibility of management and users.





SWIMMING POOL

There is an eco-pool in camp for overnight guests and Swimming is permitted on the Palmiet River Walk at the demarcated swimming spots. We ask politely that hikers, for their own safety, only swim at these designated swimming spots and refrain from going off trail to swim. Permits may be purchased at the reserve office or bookings can be made via CapeNature Central Reservations office.



TO ENSURE THAT ALL VISITORS HAVE A PLEASANT STAY, THE FOLLOWING IS NOT PERMITTED:

- Music and rowdy behavior
- Pets (**No Dogs/Cats/Birds or any other animal which is kept as a pet**)
- Disturbance to plants and animals or defacing of rocks.
- High noise levels after 22:00
- Firearms
- Picking of flowers or collecting of seeds
- Hiking off trail is strictly prohibited, please stay on the existing footpaths.
- Fires except in designated areas
- Use of alcohol is not permitted on any of the trails
- Flying of drones is prohibited
- Floatation devices such as tubes, body boards, lilo's etc. is prohibited on the Palmiet river.
- No fishing is allowed in the Palmiet River within the reserve boundaries.
- No fishing is allowed on the Bot River estuary unless visitors are in possession of a valid fishing permit.



FAUNA

The Kogelberg does not have many large animals, although leopards and Caracal have been sighted and the Cape clawless otter may be seen in or near the Palmiet River. Smaller antelope include grey rhebuck, klipspringer and grysbok, while baboons, porcupine, mongoose, dassies, and hares are fairly common. Peregrine falcons, black eagles, and fish eagles hunt and nest in and around the Reserve. An endemic freshwater crab and the endangered micro-frog are also found in the area. A herd of wild horses that were abandoned after the Anglo-Boer War roam the flats of the Bot River estuary at Rooisand Nature Reserve.



FLORA

The historical isolation of the Kogelberg area has helped to protect its floral wealth, keeping it relatively clear of alien vegetation, and today the Reserve presents perhaps the finest example of mountain fynbos in the Western Cape. It has approximately 1800 plant species, of which about 150 are endemic and noteworthy. Many spectacular members of the protea family occur in the reserve. These include the endangered

marsh rose, *Orothamnus zeyheri* - once on the brink of extinction and now known to occur on a few inaccessible peaks. The Reserve also has the highest concentration of *Mimetes* species in the Cape, most notably the endangered *M. hottentoticus* and *M. capitulatus*.

Kogelberg has three patches of relic indigenous forest: Louwsbos, Platbos and Oudebos. These patches are similar to the Knysna forests and include yellowwood, stinkwood and boekenhout trees. The Palmiet River and its associated riparian vegetation is of the most pristine in the south-western Cape. Wild almond, rooi-els, Breede River yellowwood and Cape beech are among the trees occurring in the riverine scrub along its water courses.

Discover the Region



NEAREST TOWNS

Kleinmond (8km)



SUPERMARKETS

SuperSpar in Kleinmond (8km)



RESTAURANT & BARS

Bistro 365 & Simply Coffee, Pringle Bay Central, 028 273 8931

KabelJoe's Seafood Restaurant, 35 Harbour Road, Kleinmond, 082 800 1677

Kaplan's Restaurant, 18 Harbour Road, Kleinmond, 028 271 5907

On the Edge Restaurant, 2411 Una Drive, Betty's Bay, 076 427 8787

Rivendell Restaurant & Wine Tasting, R43 between Botriver and Kleinmond, 072 462 4271

The Tides, Clarence Drive, Betty's Bay, 028 272 9835

Sea Biscuit, 3003 Clarence Dr, Betty's Bay, 028 272 9116



LOCAL ATTRACTIONS

Harold Porter Botanical Garden, Clarence Drive, Betty's Bay, 028 272 9311

Sandboarding, SA Forest Adventures, 079 495 3987 / 021 795 0225

Mountain Biking, Kogelberg Nature Reserve, Various Trails on Private Property, Info at Tourism Bureau, 028 271 5657

River Rafting, SA Forest Adventures, 079 495 3987 / 021 795 0225 Gravity Adventures, 021 683 3698

In Case of Emergency

MEDICAL EMERGENCIES:

Day Hours: 07h00 – 19h00

- 1) Report your emergency to the Kogelberg Reception desk immediately.

After Hours: 19h00 – 07h00

- 1) Remain calm and exit the reserve as quickly as possible, in order to make your emergency call. The Town's emergency contact numbers are detailed on the evacuation plan, in your cabin. **Cell phone reception is available on the municipal roads, upon exit of the reserve.**
- 2) If you are unable to exit the reserve, contact the Conservation Manager or the Security Office, on the reserve. The locations are detailed on the evacuation map, which can be found in your cabin.

MAINTENANCE EMERGENCIES:

Day Hours: 07h00 – 19h00

- 1) Report any urgent repair issue/s to the Kogelberg Reception desk immediately.

After Hours: 19h00 – 07h00

- 1) Report any urgent repair issue/s to the Security Office, located in the trailer close to the on-reserve reception office.



KOGELBERG DUTY OFFICER

Tel: 028 271 5138 (7h30–16h00)



MOUNTAIN RESCUE

021 948 9900



SOUTH AFRICAN POLICE SERVICE

Kleinmond 028 – 271 8200



EXPLORE AND #LoveNature

- ✓ adrenaline adventure
- ✓ paths less travelled
- ✓ relaxation

CapeNature has the most idyllic locations to stay, play and discover in the Western Cape.

Camping, glamping, eco-cabins, bush lodges and cottages available.
All self-catering for your comfort and convenience.



Entrance fees apply. Free access for Wild Card members.

Pensioner discount available on accommodation. Ts & Cs apply.

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